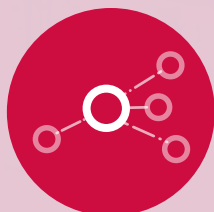




The Center for Aging
Research and Education
SCHOOL OF NURSING
UNIVERSITY OF WISCONSIN-MADISON

2019 Annual Report

BY THE NUMBERS



CARE AFFILIATE FACULTY REPRESENT
8 DISCIPLINES IN ADDITION TO NURSING

UP 4X FROM
2018

CARE STRENGTHENED INSTRUCTION
ON OLDER ADULT HEALTH IN

15

SCHOOL OF NURSING
COURSES

THROUGH EXPERT GUEST LECTURERS
AND SIMULATION EQUIPMENT

CARE OUTREACH BENEFITTED

FIVE
RESEARCH PROJECTS
ON LONG TERM CARE

RESIDENT
PREFERENCES



DEMENTIA RESEARCH
SHORT COURSE



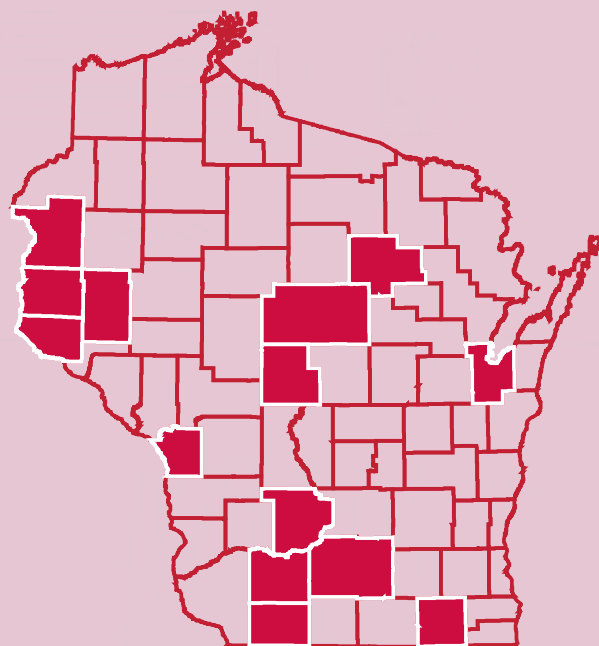
PATIENT SAFETY
PASSPORT



ANIMAL
THERAPY



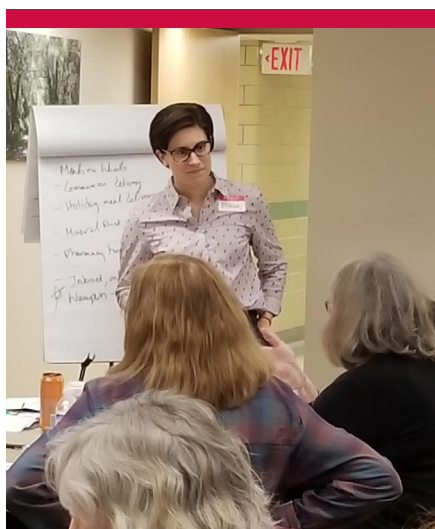
NURSE RESIDENCY IN
ASSISTED LIVING



CARE ORGANIZED OR PRESENTED AT

26 EVENTS

ACROSS 15 WISCONSIN COUNTIES AND BEYOND



HeART Community Coalitions

Locations in Wisconsin

In 2019, the Center for Aging Research and Education (CARE) at the University of Wisconsin–Madison School of Nursing partnered with three community coalitions—in Iowa County, Langlade County, and the city of Waupun—to support rural aging-in-place.

The strategies being used were informed by in-depth assessments, developed in conjunction with CARE. Each community coalition asked older adults, family caregivers, healthcare providers, first responders, church leaders, librarians and others about local challenges and resources.

“It’s been really fun working with the UW–Madison School of Nursing,” said Vickie Stangel, a member of the Iowa County Healthy Aging in Rural Towns (HeART) coalition. “I tell you, they’re holding us together, pushing us in the right direction. They give us every tool we need to help us succeed.”

Throughout 2019, HeART communities:

- Developed online resource directories for older adults and family caregivers
- Added signs to mark accessible and older adult parking areas
- Formed a wellness group for older adults
- Started a book club for family caregivers
- Offered technology sessions for older adults

“The community really knows that we’re hearing what they’re saying and are trying to support them. That goes a long way,” said Stephanie Thiede, RN, BSN, with the Langlade County HeART coalition.

The HeART project is one way that CARE worked in 2019 to support discoveries that improve aging and to build the skills and capacity of those who care for older adults. Read on to learn more about how nurses who CARE are changing the future of aging.



OUR CORE AREAS

AGING RESEARCH

- » **Added affiliate faculty** from 6 disciplines
- » **Created 15 resources** for aging researchers, including long term care contact lists, data for proposals, and forms to guide conversations with potential research partners

NURSING EDUCATION

- » Provided expert guest presenters or simulations on older adult care to **15 Nursing courses**
- » Paired students with **6 community organizations** supporting people with dementia and their families

IMPROVING CARE

- » Organized **2 direct care staff conferences**, 6 family caregiver workshops, and presented at 14 other events across Wisconsin
- » Worked with **7 local, state, and national organizations** to disseminate evidence-based tools & programs widely

AGING RESEARCH

“If you want to design something that’s actually going to work for different healthcare settings, you need to work with nurses,” said Nicole Werner, PhD, an Assistant Professor in the UW–Madison Department of Industrial and Systems Engineering and a CARE Affiliate.

Werner became a CARE Affiliate in 2019. The research project she’s working on, to develop a patient safety passport, benefited from nursing collaborations, including CARE outreach to long term care organizations. The research team is interviewing providers in different care settings to help older adults avoid complications during care transitions.

“I see the engineering perspective as what holds it all together,” said Werner. “I think more about systems and how they’re interacting. Nurses connect that to what it’s really going to look like in the real world.”

NURSING EDUCATION

“Both of my grandmothers live on their own and have health issues, but they are able to be as independent as they are because of geriatric and home health nurses,” said nursing student Gabby Douglas.

“Without those types of nursing, my grandmas may not be able to come to family events or cook dinner with me when I visit,” said Douglas, who received CARE’s undergraduate scholarship in 2019. “I hope to make a

similar impact as an RN in the lives of older adults, empowering them to be as independent as long as possible and promoting their maximum health.”

“I have learned so much in this course, especially with the service learning component,” said a student in Nursing 511: Community supports for people with dementia. CARE helped develop the course and matches students with community organizations, so they get real-life experience working with people with dementia and their family caregivers.

“I would highly recommend this course to anyone looking to work in healthcare,” the N511 student added. “This is a topic that is so vital to know for providers but is so often overlooked in schooling.”

IMPROVING CARE

As part of a new partnership with the Respite Care Association of Wisconsin, CARE organized workshops for family caregivers of people living with dementia and respite care providers statewide. La Crosse, Dodgeville, Menomonie, Antigo, River Falls, and Madison hosted workshops in 2019. Participants were enthusiastic:

"This was awesome!"

"I would highly recommend to everyone."

"Content was good, very understandable."

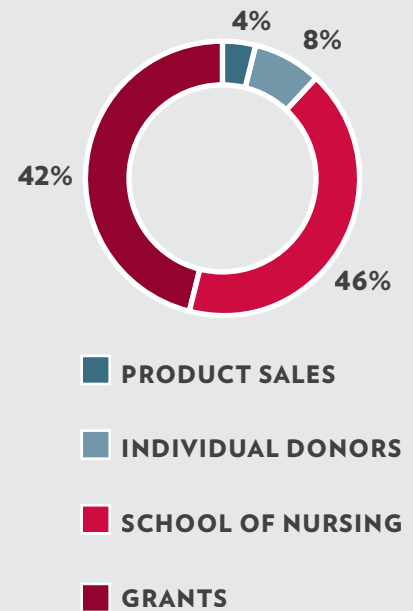
Before hosting a workshop, La Crosse dementia care specialist Kelsey Flock received a free Dementia Friendly Toolkit from CARE.

"It is very user-friendly and allows family caregivers, the general public, everyone an inside experience to what daily life may be like with dementia," Flock said when she reconnected with CARE. "The impact is incredible! This is exactly how to improve care and the lives of people living with dementia."

SUPPORT CARE

Support from individuals and foundations is vital to CARE. To learn about how you can help ensure that older people, their families, and caregivers benefit from our cutting-edge research and nursing expertise, call Scott Fletcher at 608-263-6007, or visit: <https://go.wisc.edu/igt055>

CARE REVENUE



CARE's mission is to support discoveries that improve aging, and to build the skills and capacity of those who care for older adults.

CARE Team:

Barb King, Executive Director
Diane Farsetta, Senior Outreach Specialist
Sharon Schumacher, HeART Program Manager
Kim Nolet, Research Program Manager
Barb Bowers, Founding Director

CARE Advisory Committee:

Jonette Arms, Aging & Disability Resource Center of Central Wisconsin
Liz Jensen, Direct Supply
Christine Klotz, Wisconsin Institute for Healthy Aging
Edith Lawrence-Hilliard, Precious Memories Choir
Geana Shemak, Iowa County HeART Coordinator
Lisa Thomson, Pathway Health Services
Deanna Truedson McKillips, Agrace Hospice and Palliative Care
Mike Wallace, Fort HealthCare
Sarah Endicott, School of Nursing faculty liaison
Abby Elsholtz, Carly Kurth, and Kerry McCoy
School of Nursing student representatives



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